



“U-CAN”

help feed the hungry
in our community...

AND

be a part of our 14th Annual
World Hunger Day event
“Help Stop Hunger Now”

“U-CAN”

join **STARBUCKS**
and our community partners as we
endeavor to gather 100,000 cans for our
100,000 food insecure neighbors.

“U -CAN”

Beginning Oct. 16th

You can drop off a non-perishable food
donation each time you visit your
favorite **STARBUCKS** in
Birmingham, Tuscaloosa or Oxford.

For 14 years, Magic City Harvest,
the only food recovery program in our area, has
worked to alleviate food waste and hunger-
Distributing over 8 million lbs of “excess” food from
restaurants, caterers, wholesale and retail food
vendors to recipient agencies in
Jefferson, Shelby, and Talladega counties.

Other World Hunger Day event activities include:

Oct 12-14 Meal prep at UAB Hospital
Oct. 14—Meal distributed to 3,500 needy folks
Oct. 15—2,000 person box lunch event

The current food situation is critical for too many men, women and children!

- Alabama unemployment rate is 10.2%
- Jefferson County poverty rate is 15.1%
Current national rate is 13.2%

The official poverty level is now
An income of \$22,000 or less for a family of 4

**In Our Efforts to Provide
Nutritious Food to the homeless, children
And the elderly especially**

The following items are suggested:

12 oz. Box of Cereal
Box of saltine crackers
Can Hunt's Spaghetti Sauce
12. oz. package of spaghetti noodles
15. oz. cans of fruit
15. oz. cans of vegetables
10. oz. cans of soup
5 oz. cans of water packed tuna
18 oz. jar of peanut butter
Box of cornbread or biscuit mix
Powdered lemonade mix
12 oz. box of Macaroni and Cheese
Box of jell-o or instant pudding
Bag of rice
Bag of dried beans
Box of powdered milk packets

THANK YOU!!

Magic City Harvest
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